

A Sikh wedding in class (anand karaj)	Year Group: KS1	No. of lessons: 4+
Learning objectives: To learn how Sikhs celebrate weddings and think about special times.		
Themes to discuss: promises, commitment to family, sharing		
Activities and experiences: <ul style="list-style-type: none"> • Look together at wedding magazines, or photographs of family weddings. Discuss that different people like different ceremonies and consider what people of faiths other than Christian might do. • Read together “Bindhus wedding” or “a Sikh wedding” and consider how you might, as a class, re-enact the wedding so as to produce the wedding photograph album as a result. Look at photographs of real Sikh weddings noting vital features e.g. red wedding sari, groom’s special turban, presence of Guru Granth Sahib, garlands, sharing of food. Allocate roles and improvise costumes and props. • Make kara prashad or Indian sweets to share after the ceremony. Talk about the importance of sharing food in Sikhism. (See artefacts section of this booklet for a recipe.) • Walk through the main stages of a wedding. Concentrate on creating scenes for photographs, rather than acting. • Use the photographs for sequencing activities (plenary), and discuss together the special promises made by bride and groom. • Create a wedding photograph album – suitably labelled of course. 		
Websites and resources: Bindhu’s Wedding, Amrit & Rabindra Kaur Singh, The Sikh Foundation. A Sikh Wedding, Olivia Bennett, Hamish Hamilton 0241115728. On-line there’s all the wedding details you could possibly need at http://www.sikhs.org/wedding/ also http://www.bbc.co.uk/religion/religions/sikhism/features/rites/weddings.shtml		