

Season: Lent (The Temptations of Jesus and fasting)	Year Group: Y5/6	No. of lessons: 2-3
Links: Cambs: CFF1, CFF2, CFF3, CPE2, CPE3, CWR2,CSC1.CSC3, Pborough: CRC1, CRC2, CRC3, CPE3, CPE4, CSC4 Nfolk: CBB, CP, CWR, CKF		
Learning objectives: To understand why Christians undertake various personal disciplines at Lent To explore the idea of temptation To become familiar with stories about the life and teaching of Jesus		
Questions for reflection: How do I feel when I am totally alone? Am I easily pressured into doing what other people want, or do I stand up for myself? Which temptations do I always seem to give into? What can I do to fight temptation (if I think I should!)?		
Activities and experiences: <ul style="list-style-type: none"> • <i>If you can find one easily, share a piece(s) of artwork denoting Christ in the Wilderness.. If you have Margaret Cooling's book "Jesus Through Art", this includes a very evocative painting by Kramskoy. (RMEP 185175119X). (The same image can be found at www.auburn.edu/.../art/kramskoy-christ.html or www.cgfa.sunsite.dk/k/p-kramskoy3.htm) Use the artwork to consider how Jesus seems to be feeling during his time in the wilderness. Use the painting in a display with thought bubbles showing pupils' ideas, or more developed writing such as poems, prayers or meditations.</i> ◆ Read together the story of that actual event in Matthew chapter 4 verses 1-11 and discuss what messages Christians might take from this story by looking at Jesus' responses to Satan. <i>Key ideas are: God's word is more important than food; don't bargain with God or try setting him tests ("I'll believe in you if you help me pass my exams.."); it is more important to serve God than follow any earthly ruler.</i> Discuss what you think the world would be like if everyone believed this and acted accordingly. • Discuss how fasting and abstinence are different from dieting. Remember how Christians fast or abstain during Lent as a response to Jesus' time in the wilderness (fasting in this context = not eating from sunrise to sunset, abstinence = replacing eggs, dairy products and meats with vegetables, grains and pulses: abstinence is more common than fasting in Lent). Devise a day's menu for someone who is abstaining in Lent, or look at the school lunch menus for the week and calculate what someone who is abstaining could eat. 		